



PrueLeith

Culinary Institute

Valentine's Tasting Menu

*Nine ways to say "I Love You"
in South Africa*

**R895 (excl. wine pairing)
R1 395 (incl. wine pairing)**

IsiZulu

Ngiyakuthanda

Prawn and avocado terrine, spicy *umzumbe* salsa, drained amasi, *amadumbe* chips, prawn dust

Juliette Sauvignon Blanc

Sotho/Sepedi/Setswana

Kea u rata

South African chopped salad with *morogo*, pumpkin, roasted samp, pumpkin flowers, pumpkin seeds pesto, pomegranate(V)

Fryer's Cove Chenin Blanc

Bo Kaap

Habibi, vi jou het ek lief

Smoked snoek croquette, grilled oyster, *bokkom* aioli, figs

Glen Carlou Pinot Noir

Afrikaans

Ek is lief vir jou

Biltong spiced cured lamb belly, rooibos smoked sweet onion petals, *roosterkoek* Melba toast, *vinkel* shavings, rocket

Guardian Peak Shiraz

Tshivenda

Niyakutsandza

Baobab sorbet, peanut crumb, ginger syrup

IsiXhosa

Ndiyakuthandana

Glazed *umleqwe*, popcorn chicken liver, mushrooms, crispy sorghum, *rhabe*

1685 Boschendal Chardonnay

IsiNdebele

Niyakutanda

Beef fillet, pulled shin, *isitshwala* batons, corn cream, grilled corn, asparagus, *amanqina* jus

Alto Rouge

Xitsonga

Ndzakurhandza

Chibuku cheesecake, *xigugu* chocolate ganache, marula nut macaron with Amarula filling, mango

Sartori Prosecco

English

I love you

English salted toffee, shortbread, Bakewell truffles

Allesverloren Port Fine Old Vintage

What am I eating?!

Umzumbe – Sugar beans

Amasi – fermented milk

Amadumbe – root vegetable(*taro*)

Morogo – green leafy vegetable

Bokkom – dried fish

Roosterkoek – bread

Vinkel – fennel

Umleqwe – hard body chicken

Rhabe – wild spinach(*sorrel*)

Isitshwala – puthu pap

Amanqina – cow heels

Chibuku – African beer

Xigugu – ground nut

Bakewell – cherry and almond truffle

YOUR KITCHEN TEAM

Trained Hands:

Chefs Anel Louw, Lesego Mabale, Karabo Gillinge, Cori-Li Vermaak, Quinton Els, Natasha Conradie-Sutton

Hands in Training:

Alexis Rauff, Anja Putter, Annjé Pienaar, Elizabeth Venter, Hannah Jorgensen, Jan Carelse, Joedine Nagel, Jonathan-Dillon Moodley, Kagiso Kekana, Lesedi Sithole, Letlotlo Mohoboko, Matome Makoro, Meryna Smith, Monika Homann, Morné Fivaz, Nathan Naidoo, Nelize Swanepoel, Nicole Moss, Ryan Taljaard, Sean Talbot, Syntyche Kazadi, Thato Morobane, Tumelo Khoza, Winnet Renzo, Zandile Makhanda